

Monday

- 9.00 - 10.30 **Saplings** - Parent & Toddler group, lots of toys and room to play! Fun.
- 10.30 - 12.30 **Pop in – Drop in** - Social club and support group. Fortnightly with Independent Advocacy until 3.00.
- 12.30 - 1.00 **Monday Meditation** - A half hour meditation session, led by CW Baptist Church.
- 1.30 - 2.30 **Journey**—Reading & talking through the book of Luke with CW Baptist Church
- 4.15 - 5.00 **Little Voices** - Singing and music for little voices for 6 - 9 yrs.
- 5.30 - 6.15 **Street Dance** - Fun, creative and current dance for 7-12 yrs.
- 6.30 - 7.30 **Listening Project** - Sharing & discussing your favourite music focusing on wellbeing. Fortnightly Wednesday 2-3pm
- 7.00 - 9.00 **Hallmoor Dog Training** - 7.00 for beginners, 8.00 for more experienced humans/dogs.
- 7.30 - 9.30 **Birmingham Concert Band** - Big, loud, brassy practice session!

Tuesday

- 11.00 - 12.30 **Story:ology** - Communication and fun, for adults with learning disabilities. Run by Northern Star. Uproarious.
- 1.30 - 3.30 **Stitch and Knit** - Informal and friendly craft group. Bring your own or join in on the group project.
- 5.30 - 6.45 **Solihull Out Loud Youth Choir** - For young singers, proper singing training! 10 – 17 yrs.
- 6.00 - 7.15 **Ukulele Band** - Community uke band. Beginners to advanced, the aim is to play and have fun. Hilarious.
- 7.45 - 9.45 **North Solihull Singers** - Community choir, all levels. Fun!

Three Trees Community Centre
Heddingham Grove, Chelmsley Wood
Birmingham B37 7TP
0121 582 0767 - info@3trees.org.uk
Charity no - 1140924

What's on at



Three Trees

Wednesday

- 10.30 - 12.30 **Coffee Morning** - Coffee and games morning, just drop in!
- 12.30 - 1.00 **Scratch Choir** - A half hour lunchtime choir. Get in and sing in your lunch break
- 1.00 - 3.00 **St!Art** - Art group for all ages and abilities. Quite calm.
- 2.00 - 3.00 **Listening Project** - Sharing & discussing your favourite music focusing on supporting wellbeing. Fortnightly with Monday evenings
- 4.30 - 5.30 **Mini Dramaniacs** - Fun performing arts group for 5 - 7yrs
- 5.00 - 6.00 **Youth Boxing Club** - Boxing fitness and training (non-contact) for 11 - 18 yrs.
- 6.00 - 7.30 **Dramaniacs** - Fun performing arts group for 8+ yrs

Thursday

- 11.00 - 12.30 **Music:ology** - Music and fun, for adults with learning disabilities. Run by Northern Star. Brilliant.
- Check! **Chelmsley Wood Stonecarvers** - We know! Fabulous stonecarving group, come along to find out more.
- 5.00 - 9.00 **Inca Arts** - Sing, dance, act! What more do you want? Fun, fast paced and exciting! 2½ - 9½ yrs
- 7.00 – 8.30 **Guitar Club** - Any ability. Any guitar. Come along to learn, play &, jam. Humbuckin'

Friday

- Ask us! **Ante-Natal group** - With Barnardos. Really good.
- 5.00 - 9.00 **Inca Arts** - Sing, dance, act! What more do you want? Fun, fast paced and exciting! 2½ - 9½ yrs
- 8.00 – 9.30 **Aikido** - Martial arts group with swords and cool stuff.
- 7.00 – 9.00 **Ladies Fellowship** - Monthly - Ecumenical ladies group.

Saturday & Sunday

- 8.30 – 10.30 Saturday **Slimming World** - Get healthier at this friendly local group.
- 11.00 – 12.00 Sunday **The Baptist Church** - Friendly, practical, non-churchy faith. Also run activities during the week.
Deep and funny (usually)
www.cwbaptistchurch.com

Plus!

Various music events, fayres, fun days and more. See website & notice boards for events coming up.

We are an independent community centre and receive no funding from the council or government. This community owns and runs the Centre, your neighbour probably already comes here, so come on in! We often have other groups running and rooms used by other groups so it's always worth asking.

Some groups vary their times, some have waiting lists and some make a charge, please ask us for details.

All groups are run by humans so things may change or we may be on an off day!

If you're interested in starting a new group, please talk to us we'd love to help!

Want food? *The Olive Branch Kitchen is open weekdays 8.30 – 3.00 serving good quality, fresh cooked food.*

Want rooms? *We have rooms available for community groups, meetings and conferences.*